

THE UNEXPECTED SURPRISE:



5 ways an economic downturn may actually make your life better

By: Marci Wise

While it appears we may finally be coming out of the recession, nobody can dispute that the last couple of years have put a strain on our lives, our nerves and our wallets.

Just when you think nothing good could come of this, an unexpected surprise appears — we're forced to get real. Without all the material distractions that we've surrounded ourselves with, we see our lives under the spotlight of truth. So before you chalk this whole experience up as a waste of time, energy and money, take a look at the five ways a bad economy may actually make your life better.

YOU GET CLEAR

ON YOUR PRIORITIES:

When you have to pick and choose where your money goes, you're automatically set into prioritize mode.

Things that have real meaning jump to the top and the others fall away. It's amazing how often our priorities can get out of whack. A bad economy makes you step back from your life and take stock of what really has value. It gives you the gift of perspective.

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